

A Note for Parents...

The Pofi series is for children ages 2-4, and is designed to teach them basic self-care skills. Learning these skills in order to begin a healthy life at a young age is very important and requires persistence.

This series offers fun lessons for kids who often have to be forced to **take a bath**, **brush their teeth**, **go to sleep on time**, and **eat their food**. Each book has games inside the back cover where children can review what they have learned.

Pofi is presented as a cute and lovable role model for children who are learning these important skills and developing these habits. Parents should remember that when possible, the use of gestures and games while reading will help the child to pay attention, and will increase the child's ability to retain what they learn from the book.

We hope that you and your children share many happy and wonderful moments with this book.

Child Development Expert
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Hello, my name is Pofi.
I really love to sleep.



My eyes tell me
when it is time to
sleep.

As I say "Huuuuh"
I start to yawn.





When my mom reminds me,
I'll jump to my feet.