



# Do I have to eat all my food?

Writer: Nurşen ŞİRİN  
(Child Development and Education Specialist)

Illustrations: Neşe İNAN

Advisor: Kudret Eren YAVUZ  
(Child Psychologist)

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Bağcılar / İSTANBUL

Telephone: +90 (0212) 629 06 15



**TİMAŞ KIDS**

Timaş Basım Ticaret ve Sanayi AŞ

Alay Köşkü Cad. No: 5 Cağaloğlu, İstanbul - Turkey

Telephone: (0212)511 2424 (pbx) Fax: (0212) 512 4000

Timaspublishing.com - info@timaspublishing.com



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Alper (pronounced Alpair) is very curious, asks lots of questions, and according to him he has biiiiig problems. He'll show you how to solve your problems and have fun and go on adventures along the way.

**What readers will learn from "Do I have to Eat All my Food?"**

- To know the differences between different emotions.
- To check and control their emotions.
- To know which types of food to eat.
- To manage their relationships with others.
- To show tolerance.
- To grasp information about themselves and their families.
- To establish a relationship between cause and effect.
- To give effort.
- To have empathy.
- To express themselves verbally.
- To motivate themselves.
- To be compatible with their environments.
- To find solutions to problems.
- To observe the properties of an event.
- That trying new things can be a great experience.
- How to use english correctly.







Alper's aunt, Mrs. Nergis says

**"Helloooo"** to you from her cottage.

She lives in a cottage that is a little bit far from Alper, because she really loves animals and growing fruits and vegetables.



It was a very exciting day because Alper and his family were going to visit Aunt Nergis. Alper and Burcu started to get ready. They wanted to wear their best clothes to visit their aunt. Alper chose some overalls for himself. Burcu wore a plaid dress.

The newest member of the family, a parrot named Giggles, was flying around their heads saying, "**come on, come on, come on.**"



Their father had gotten Giggles for Burcu last week.





While the two siblings were getting ready, Cartoony was trying to carry his blanket into the car, because he didn't like to sleep on the grass.

Alper said,

**"Don't worry Cartoony, Aunt Nergis has lots of colorful blankets. You don't need that."** But Cartoony kept trying to pull the blanket.





Alper and Burcu  
shouted,

**"We're ready!"**

And went running to  
their father.



When their father saw Cartoony with the blanket he joked.

**"Cartoony, there is no room for your blanket!"**

Cartoony meowed sadly. Then he turned and walked right  
for the house and sulked.





Burcu's parrot Giggles flapped his wings and said,

**"No room for your blanket,  
no room for your blanket."**

Sometimes Giggles and Cartoony don't get along.

When everything was ready they got in the car. Alper looked sadly out the window of the car,

"I wish Cartoony could come with us too." He said.

Mr. Kaya started the car. **"Vroom Vroom Vroom"**

