



LETS DO THIS



Timas Kitab





Prophet Mohammed (saw) said:

SMILING IN THE FACE OF YOUR BROTHER
(ANOTHER) IS AN ACT OF CHARITY.



HERE ARE SOME FUN ACTIVITIES TO PRACTICE THE MORAL BEHIND THIS HADITH:

1. Get five balloons of various colours and a marker, draw a smiley face on each of them. Accompanied by an adult go outside and give these smiley balloons to five people. Don't forget to also gift them a real smile :)

2. In a piece of paper write down five things or moments that had made you really happy. Remember to be thankful to Allah for those moments or things. You can also ask Him to grant you many more!





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Prophet Mohammed (saw) said:



HONESTY CERTAINLY LEADS TO GOODNESS, AND GOODNESS LEADS TO PARADISE. TRULY, A MAN KEEPS SPEAKING THE TRUTH UNTIL HE IS INSCRIBED AS BEING TRUE THROUGH AND THROUGH. AND LYING LEADS TO GOING WRONG, AND GOING WRONG LEADS TO HELL. TRULY, A MAN LIES AND LIES UNTIL HE IS INSCRIBED AS BEING A LIAR THROUGH AND THROUGH.

HERE ARE SOME FUN ACTIVITIES TO PRACTICE THE MORAL BEHIND THIS HADITH:



1. Take two wooden sticks or lollipop sticks. Take a piece of paper and cut it into two. On one piece write the word FALSE and on the other one write the word TRUE. You can write only the first letters of each; "F" and "T". Glue these onto the sticks. Now, gather your family and play a game where each person will claim something and the person holding the sticks will rise one of the cards accordingly to whether what has been said is true or false. Play in turns and have fun together!





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Prophet Mohammed (saw) said:

WHEN ONE OF YOU LOVES HIS BROTHER, LET HIM KNOW.

HERE ARE SOME FUN ACTIVITIES TO PRACTICE THE MORAL BEHIND THIS HADITH:

1. Find one to three items that you really treasure; could be a toy, a jumper or a book. With the help of an adult, find a place where you can gift these items to another child; could be a hospital, an orphanage, a school or any place that accepts donations. Make sure you put some cards in the packages saying that you love the receiver. You could think of your reasons for loving that person. It could be as simple as the fact that s/he is a human being, a living creature. How did giving away your own stuff make you feel? How do you think the receiver will feel having a surprise gift from a person s/he doesn't know?





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Prophet Mohammed (saw) said:

GIVE EACH OTHER GIFTS AND YOU WILL LOVE EACH OTHER.

HERE ARE SOME FUN ACTIVITIES TO PRACTICE THE MORAL BEHIND THIS HADITH:

1. Find some stones in different sizes and shapes. Get some paints and brushes also of different sizes and colours. Make sure you have some super glue or silicone and a small piece of magnet. Gather as many stones as you would like to gift. On the stones, paint anything you would like to that expresses your love to each person you wish to gift a stone. You can paint hearts, flowers, or write a beautiful sentence and make decorate as you wish. Now, with the help of an adult, use the silicone or super glue to stick a piece of magnet at the back of each stone. This way the person that you have gifted a stone can stick your beautiful gift somewhere visible. Make sure you have fun and enjoy it!





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Prophet Mohammed (saw) said:

"IF YOU ARE PATIENT WITH WHAT YOU DON'T LIKE,
YOU WILL BE JOINED WITH WHAT YOU DO LIKE."

FUN ACTIVITIES TO PRACTICE THE ABOVE HADITH:

1. Sprout your own seed. Find a bean that is suitable to grow (black beans, mung beans, chickpea, etc). Fill a small glass jar with water and cover it with some cotton. Place your seed on top, observe the sprouting process every day.

2. Gather all your family together and play the no-laughing game with your family. Sit with each family member facing each other. Hold hands and look into each other's eyes. Try to stay still without laughing. The first one who laughs loses the game!





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Prophet Mohammed (saw) said:

"ALLAH LOVES THOSE WHO RUN TO HELP THOSE IN NEED."

FUN ACTIVITIES TO PRACTICE THE ABOVE HADITH:

1. With the help of an adult, find some stray animals which you can help either by feeding them and giving them water or taking them to a shelter home.
2. We should help the nature and care about it. Instead of throwing away your water bottles, you can make bird feeders with them! You can glue the surface of the empty bottle by using rosin. Then, roll it in a bowl full of raisins. Now you can hang it on any tree around! Birds and even little squirrels will love it!





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Prophet Mohammed (saw) said:



"THERE IS NO MUSLIM WHO VISITS A (SICK) MUSLIM EARLY IN THE MORNING BUT SEVENTY THOUSAND ANGELS SEND BLESSINGS UPON HIM UNTIL EVENING COMES, AND IF HE VISITS HIM IN THE EVENING, SEVENTY THOUSAND ANGELS SEND BLESSINGS UPON HIM UNTIL MORNING COMES, AND HE WILL HAVE A GARDEN IN PARADISE."

FUN ACTIVITIES TO PRACTICE THE ABOVE HADITH:

1. Make a phone call to somebody who you think might not be feeling well at the moment. It could be a friend, a family member or a neighbour. If there is no such person, make a phone call to someone with whom you haven't spoken to in a while to find out how they are doing and to wish them well.





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Prophet Mohammed (saw) said:

"THE HAND THAT GIVES IS BETTER THAN THE HAND THAT TAKES."

A FUN ACTIVITY TO PRACTICE THE ABOVE HADITH:

1. CRAFTING TIME: Usually, we have some unused fabrics, lonely bottom pieces and worn out t-shirts in the house. Now it is time to put them to use for a good cause! Gather what you have as crafting items and place them on a table. Around it, let your friends or family members sit down and create new projects together. They can bring their own crafting items as well. Now you can create dolls, pictures, models, whatever you can imagine! Since we only have limited amount of each item, we should share what we have to build our own craft. Or, is it not even a better idea to build something altogether?





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Prophet Mohammed (saw) said:

"ALLAH IS CLEAN, AND HE LOVES CLEANLINESS"

A FUN ACTIVITY TO PRACTICE THE ABOVE HADITH:

With an adult, go outside and look around your neighbourhood. Spot a place that needs cleaning. It could be sidewalks, the local park or any common area. Now pick up any rubbish you see wearing your gloves. If you can, collect them in separate bags according to the kind of material (paper, plastic, glass, metal, etc.). This way you can recycle them later on. Enjoy helping to keep your environment clean. You can take a picture before cleaning and one after. Then you can compare the pictures and notice the difference you have made.



The background is a dark blue night sky with white stars. At the top center, a white speech bubble contains the text 'LETS DO THIS' in blue, bold, uppercase letters. Above the text are two yellow stars of different sizes, three colored pencils (purple, blue, green), and a yellow bird with black spots. Below the text are a yellow glue stick and a pair of red-handled scissors. At the bottom, a girl with brown hair in pigtails, wearing a purple jacket over a pink dress, and a boy with brown hair, wearing an orange and blue hoodie, are both smiling and waving their hands. In the center, there is a white logo of an open book with a stylized 'G' shape inside, and the text 'Timas Kitab' below it.

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Prophet Mohammed (saw) said:

"THE STRONG MAN IS NOT THE ONE WHO WRESTLES,
BUT RATHER THE ONE WHO CONTROLS HIS ANGER."

A FUN ACTIVITY TO PRACTICE THE ABOVE HADITH:

1. When you feel angry, take a seat and breathe deeply. Then try to describe what you feel and its place on your body. (i.e. your stomach, belly, heart etc.) What shape is your anger? Is it a circle, like a ball? Does it have corners like a square? Is it hard or soft? Define the shape of your anger. How about the color? What color is it? Let's pretend your anger is a big orange ball in your stomach. Now put your hands on your stomach and pretend taking it out of your body. Did this ease the unpleasant feeling? There must be some free space in your stomach now. Let's fill it with good memories! You could remember your last birthday, or an occasion that you and your friends were having fun together. Or that time you gathered with your family? Let us put these positive feelings from those memories where you took out your anger from! I am sure you feel much better now. :)





WRITE YOUR OWN!



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Prophet Mohammed (saw) said:



A FUN ACTIVITY TO PRACTICE THE HADITH ABOVE:

